

Not Again, Little Owl is a children's picture book that has been written for children who are moving from a temporary to a permanent family. Having to move family is profoundly difficult for everyone involved. It can be hard to know how best to talk to children facing this situation. The aim of the story is to capture the core emotional components of the child's experience and to generate conversation and support. You may be a parent, carer or professional helper. This story can be used in preparation for a family move and afterwards to develop the child's understanding.

'It is about time that there was a story like this that lets children see that somebody gets it'. (Sally Bell, adoptive parent).

'This is a delightfully illustrated story which will be of great help for children who unfortunately have to face moving too many times' (Kim Golding, Clinical Psychologist and DDP Trainer)

About the author: Vivien Norris is a clinical psychologist and accredited Theraplay and DDP practitioner who has worked in the NHS for twenty years, specialising in therapeutic work with families. She is now the Clinical Director of The Family Place.

By Your Side Training Package: *Not Again, Little Owl* forms part of a wider training package developed by The Family Place called By Your Side, an attachment and trauma-based approach to facilitating transitions to a new family. More information is available from training@thefamilyplace.co.uk.